

University of Pretoria Yearbook 2022

Exercise science programme development II 310 (BGN 310)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module credits 15.00

NQF Level 07

Programmes [BSportSci](#)

Contact time 1 lecture per week, 1 practical per week

Language of tuition Module is presented in English

Department Biokinetics and Sports Science

Period of presentation Semester 1

Module content

*Closed – requires departmental selection

The module focuses on the practical application of the fundamental concepts related to exercise as well as principles for exercise programme design.

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